

# Wisdom Within Workshops & Retreats Newsletter

Women Inspiring Women - Worldwide

April 2007

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## Greetings!

Ladies: What are your Miracles, Inspirations and Visions that you have experienced? I have had so many lately here are a few.... **"50 is FABULOUS"** even more than I imagined, I have lost around 15lb and feel sexy and sassy which was my intention for "50" (see picture on my 50th birthday). I have just started a new job at the Aerie Resort as a Sales Assistant with my great friend Marlaine, we are an awesome team, it is amazing working in luxury at one of the most famous world renowned resorts, the type of job I have wanted for years. My best friend Lori-anne and I had our 50th birthday party together with over 75 friends and family I had so much fun dancing in my twirly sexy dress and feel like I get to start all over again, a whole new beginning, this is such an exciting time. Then I flew to Calgary and we drove through the mountains to Fairmont Hot Springs to be at her Passion & Power reunion course and I received my new spiritual name, **"Layla"** through a meditation and my passion was "Vision". In the first weekend 10 years ago my name was "Waterfall" I figured I had done pretty great with going with the flow of life and was ready to give it some clear direction, so now I am open to **"what is the Vision that wants to happen through "Layla" it has opened up a whole new level of "women inspiring women worldwide" for me as I really take on supporting other women in their visions.** At the final session of my "Commitment" seminar with Landmark Education on Monday night after the last retreat I shared my vision of "Women Inspiring Women Worldwide" which is much larger than the weekend retreats (I love travelling however I can't be everywhere) so I want to create a DVD where women can still come together and connect. I also want to create a book where women share their inspiring stories and as I looked around the room I knew each woman has a story to share and I am committed to capturing that and the great part is I don't need to know how to have it happen but it will through all of us working together. I request you look in your life as you have overcome obstacles or created miracles other women would love to hear about, please start to forward them to me to make available for others, I am not sure of all the details of this, but feel called to create this book "Wisdom Within - Women Inspiring Women" stories from the Heart". The point of "women inspiring women worldwide" is to connect and I see this is one way we can accomplish this through the written word. This is so exciting I can barely sleep. The woman, (Jean McKee) that inspired me in my life by sharing the "Landmark Forum and Center for Self-Awareness" with me in 1986 which started my journey that led me to here, being able to contribute back to women, is staying with me at the moment after not seeing each other in over 10 years and I am

so grateful she was there to guide me when I needed it most in my life. I am clear that it is time for me to take on this bigger game and I don't need to do it alone as it is about us all coming together to support each others visions and passions. I would love you to play in whatever way that looks to you, whether you want to share your inspiring story, be at the next Networking evening, attend one of the retreats or let us know what Inspires you. **I look forward to playing together. PLEASE PASS this on to ALL the WOMEN who INSPIRE YOU!**



Gail Hull aka "Layla"

*Women Inspiring Women - Network Evening - June 27 or 28*

**Calling all Entrepreneurial Women** -I WANT to bring over 100 -200 women together to create a powerful evening where we get to be known and share our passions and purpose. If you are a business woman on the island or know other women in business we want to meet you. I know how powerful women are when we come together. If you are up for growing your business and taking it to the next level - I invite you to be part of our new Resource Directory and linking to our new website "[womeninspiringwomen.ca](http://womeninspiringwomen.ca)" and linking it to my website [www.wisdomwithin.ca](http://www.wisdomwithin.ca) so all women can have a place to connect. I am clear I am "source" bringing women together for a common purpose whether through the full weekend retreats, an evening of networking or a fun playful goddess gathering. I have received so much support from so many women over the past four years of creating "Wisdom Within Workshops & Retreats" that I feel it is time to give back to all the women and assist them in taking their business to the next level. For example: Karen Boissonneault who offers Nia at the retreats, is amazing to watch her classes grow and to see women come to the retreat who have never tried "Nia" and end up coming to her classes on a regular basis - watching Karen's growth is amazing and now she has over 7 classes a week. Also watching Sasha Star really growing over the past 3-4 years and overcoming her fears

while being in our hearts miracles are opening up everywhere in our lives. I created a new job in Sales and Marketing at the Aerie Resort where i get to take event planning to a whole new level so get ready for the LUXURY SPA retreats. [www.aerie.bc.ca](http://www.aerie.bc.ca) I believe it is TIME for us women to come together and support each other in business and create a huge ABUNDANCE conversation, so if that is the game you want to play - come play with us

**The price for each Networking Evening will be \$25 and the website link will be \$36.50 a year;** yes .10/day to advertise on it as that is the number that came to me. (this is still in the works). Wouldn't it be great to have a quick resource that if we are looking for services with a **FEMALE** realtor, masseus, graphic artist, fitness trainer, meditation leader, astrologer, tarot reader, psychic, doctor, healer, workshop facilitator, coach, financial advisor, teacher, spa services, yoga teacher, Nia class, Retreat, Diet and Nutrition, NLP practitioner, Reiki, website designer, computer technician, photographer, videographer, jewellery designer - etc. etc.....there are so many talented women out there I would love to get to know and work with when I need a service and we know women are great at referring each other when they have received great service - so I invite you to join us for a fabulous evening.

I would love to create this event together - to find out how many women would be interested in meeting occasionally, monthly, and working together to support other women in their businesses growing to the next level. I feel this is the year "Wisdom Within Workshops & Retreats will grow so much". I look forward to getting to know more powerful women in business.....**If you are interested in playing this game please email me your Name, Business Name, email, phone number and website so once I choose the date I can let you know. (I was looking at June 27 or 28th?).**

[Read on...](#)

*Women Inspiring Women/Goddess Retreats - Lake Cowichan -  
May 25-27th*



**May 25-27th  
Women  
Inspiring  
Women/Goddess  
Retreat -  
Lake  
Cowichan  
\$325 or \$295  
early bird  
special -  
minimum \$100  
deposit -  
includes: meals,  
accommodations,  
workshops  
and plenty of  
fun. We will  
have Karen  
joining us with  
Nia, Vivien's  
amazing meals,  
Sasha's may  
join us if**

available. We will be having our goddess gift exchange as well as our Goddess Gala Dinner - and I am pretty sure our new tradition of the chocolate fondue will continue , pampering spa evening, and we will be having other presenters as well. I will keep you updated so don't wait to register as space will be sold out quickly as so many of you have expressed interest - **the time is NOW - JUST DO IT** - you will be glad you did - just ask the others that were there and waited so long .....**we look forward to playing with you.**

In our last retreat there was 11 of us and I am clear it was truly amazing and we have all moved to a whole new level of **"Inspiration and living our purpose"**. Marilyn, my friend who sang for us touched all our hearts, Charmaine dazzled us with her chocolate fondue, Vivien cooked us the most nourishing meals, Karen's Nia workshop gave women a whole new sense of being in our bodies and her new "sanctuary" routine was truly amazing. Sasha's meditations and amazing techniques through her workshop gave us some great practices to take home to keep us grounded and clear. Andria, with the law of attraction workshop gave us each a "million dollar bill" to have anything we wanted and asked us **"So, What do you Want"** what an amazing space to ask for what we wanted and it was big stuff. [www.isitbliss.com](http://www.isitbliss.com). Vivien ended up buying a new car. We had our gift exchange which is always fun, we got dressed in our Goddess Gowns and really played full out. We laughed and we cried and it was such an amazing safe space wherever women were at in their lives. Healing, Inspiration, magic and play....I am so blessed I get to be the "source" of creating the weekends. I am thankful for my team and look forward to continue to offer the retreats as I know each woman deserves giving herself this gift. If you haven't taken this opportunity yet make sure you are registered shortly as there is limited space available and Cowichan Guest House is up for sale so I am not sure where we will be after that. **May will be a perfect time to enjoy the lake, mountains, creek out back and plenty of smiles and sunshine. You really won't want to miss this next one.**

[Read on...](#)

## *Women Inspiring Women/Goddess Retreat - Edmonton, Alberta June 8-10th*



### **Women Inspiring Women/Goddess Retreat - June 8 - 5pm - June 10 2pm**

**\$325/275 Early Bird Special** at River Lodge Retreat center (near Stony Plain, [www.riverlodgeretreat.com](http://www.riverlodgeretreat.com) - **Take Time out for YOU** - this is your opportunity to come together with other women and have fun. I am so excited that I get to come to my home area (Drayton Valley, Alberta where I grew up and bring the magic to my family, friends and new women I look forward to meeting). My mom, sisters and Aunt have heard me share about all the retreats I have been creating on Vancouver Island and are looking forward to being there with me. I have had Marilyn Rose, my friend since grade 7, singer/songwriter workshop facilitator join us on the island for 2 retreats now and happy to say she will be joining us for the Edmonton retreat to share her magical gifts of healing, inspirational stories and music. A new friend Shirley drove herself all the way from Edmonton to Lake Cowichan to join us for a retreat at the end of September and made so many new friends, and experienced a whole new view of getting together with a group of women and has kept in touch with us all and is looking forward to bringing her girlfriends to this retreat to experience the nurturing environment she had on the island.

Friday night we will be getting to know each other through the "Virtues" Sharing Circle, Saturday we will be uncovering the **Law of Attraction principals of discovering what we really want**, Creating our Vision Boards, Painting our Wine Goblets, enjoying our scrumptious Goddess Gala Dinner, followed by a Chocolate Fondue then our Goddess Gift Exchange and a "Spa Pampering Evening". Sunday playing the Go Goddess Game and ending with our Completion Circle. A fun filled weekend for women who really want "TIME OUT" for themselves as I feel if we don't take care of ourselves it is more difficult to take care of our families and our careers....So please join us for a great weekend. I look forward to coming home and sharing the magic I have created on the island with you all.... **If you know any women in Alberta that would love to join us please feel free to pass this information along.**